

# National and Community Based Resources

NATIONAL/STATE	
LGBT NATIONAL HELP CENTER	888.843.4564
NATIONAL DOMESTIC VIOLENCE HOTLINE	800.799.SAFE (7233)
RAPE ABUSE AND INCEST NATIONAL NETWORK (RAINN)	800.656.HOPE (4673)
U.S. CITIZENSHIP AND IMMIGRATION SERVICES -SAN DIEGO FIELD OFFICE	800.375.5283
CALIFORNIA VICTIMS OF CRIME COMPENSATION PROGRAM	800.777.9229
COMMUNITY	
2-1-1 SAN DIEGO	2.1.1
CENTER FOR COMMUNITY SOLUTIONS - COASTAL	858.272.5777
- EAST COUNTY	619.697.7477
- NORTH COUNTY	760.747.6282
DOMESTIC VIOLENCE HOTLINE & RESOURCES	888.DV.LINKS (385.4657)
FAMILY ADVOCACY PROGRAM - NAVY	619.556.8809
- MARINE CORPS	619.279.6113
FAMILY HEALTH CENTERS OF SAN DIEGO	619.515.2300
HEALTH AND HUMAN SERVICES AGENCY – PUBLIC HEALTH SERVICES	858.694.3900
INDIAN HEALTH COUNCIL, INC. (PEACE BETWEEN PARTNERS PROGRAM)	760.749.1410 x5249
LA JOLLA BAND OF LUISENO INDIANS AVELLAKA PROGRAM	760.685.4736
LEGAL AID SOCIETY OF SAN DIEGO	877.534.2524
NATIONAL ALLIANCE ON MENTAL HEALTH ILLNESS (NAMI) - SAN DIEGO HELPLINE	619.543.1434
- NORTH COASTAL HELPLINE	760.722.3754
PEER2PEER - TEXT AND CHAT SUPPORT AND REFERRAL SERVICES	619.377.7111
SAN DIEGO ACCESS AND CRISIS LINE (24 HOURS)	888.724.7240
SOUTH BAY COMMUNITY SERVICES - 24 HOUR ASSISTANCE	800.640.2933
- CHULA VISTA OFFICE	619.420.3620
SOUTHERN INDIAN HEALTH COUNCIL, INC.	619.445.1188
NORTH COUNTY LGBT RESOURCE CENTER	760.994.1690
SAN DIEGO LGBT COMMUNITY CENTER	619.692.2077
UCSD SEXUAL ASSAULT RESOURCE CENTER	858.534.5793
VICTIM WITNESS ASSISTANCE	619.531.4041
WOMEN'S RESOURCE CENTER - OCEANSIDE	760.747.8800
- SAN DIEGO	760.757.3500
WOMEN'S LEGAL CENTER OF SAN DIEGO	619.699.5700
YWCA DOMESTIC VIOLENCE SERVICES	619.234.3164

## Resources

### CONFIDENTIAL COUNSELING SERVICES FOR STUDENTS

City College: 619.388.3055

Mesa College: 619.388.2774

Miramar College: 619.388.7881

Confidential Campus Victim Advocate: 619.541.5970

### OFF-CAMPUS CONFIDENTIAL SUPPORT SERVICES FOR STUDENTS AND EMPLOYEES

Center for Community Solutions: 888.385.4637, www.ccsssd.org

National Domestic Violence Hotline:

800.799.SAFE (7233), www.thehotline.org

### CONFIDENTIAL COUNSELING SERVICES FOR EMPLOYEES

Employee Assistance Program (EAP): 888.625.4809

### CAMPUS SAFETY ESCORT

A safety escort service is available 24 hours a day to and from any point on campus.

District Police Department Dispatch: 619.388.6405

### MEDICAL CARE

Prompt medical attention is important. Medical providers can treat injuries and test for pregnancy or STDs.

#### On-Campus Student Health Services

City College: 619.388.3450

Mesa College: 619.388.2774

Miramar College: 619.388.7881

To speak to a Sexual Assault Nurse Examiner about getting a forensic exam, please call Palomar Forensic

Health Services during business hours at 760.739.2150.

For after hours, weekends and holidays please call 1.888.211.6347.

## The District's Response to Reported Incidents

If you report to the school and the accused individual is affiliated with the school, the District's Title IX Coordinator will determine the appropriate response, which may include informal options, such as mediation or facilitated dialogue, or formal options, which include an investigation conducted in accordance with District policies and procedures\*. Violent behavior will not be mediated. Where it is determined that a violation of school policy occurred through the formal complaint process, the District will impose appropriate sanctions, up to and including, expulsion of students and termination of employees. In addition, the Title IX Coordinator may offer supportive measures, regardless of whether a formal complaint is submitted. Retaliation against anyone making a report or participating in the school's resolution process is prohibited.

\*A full list of these policies and procedures are available for review on the Title IX website at <https://www.sdccd.edu/titleix>.



# SAN DIEGO COMMUNITY COLLEGE DISTRICT

## Intimate Partner Violence Information and Resource Guide



SAN DIEGO COMMUNITY COLLEGE DISTRICT

CITY COLLEGE • MESA COLLEGE • MIRAMAR COLLEGE • COLLEGE OF CONTINUING EDUCATION



SAN DIEGO COMMUNITY COLLEGE DISTRICT

CITY COLLEGE • MESA COLLEGE • MIRAMAR COLLEGE • COLLEGE OF CONTINUING EDUCATION



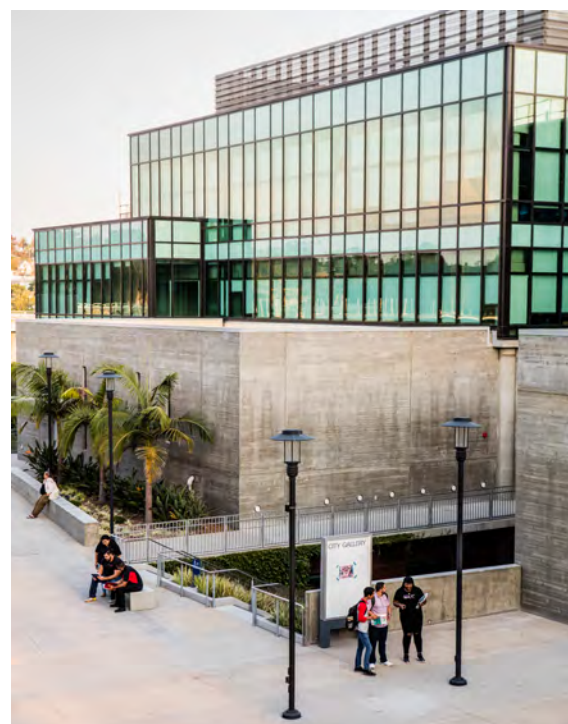
# Intimate Partner Violence



The **San Diego Community College District** is committed to providing a safe and equitable learning and working environment for all students and employees, free from sexual harassment, sexual assault, dating violence, domestic violence, stalking, and any other sex-based or gender-based misconduct.

Intimate partner violence (dating violence and domestic violence) may violate the Student Code of Conduct or Human Resources policies. When based on the sex or gender of the victim, it may also violate the District policies on discrimination and harassment.

Any incident of intimate partner violence may be reported directly to the school's Title IX Coordinator. The Title IX Coordinator can assist the victim by identifying sources of support and advocacy, reporting to the police, if that is desired, navigating classes or work at the District, providing information about protective measures, and overseeing a school resolution process.



Title IX Coordinator

**Poppy Fitch**

**619.388.6660**

[titleix@sdccd.edu](mailto:titleix@sdccd.edu)

Title IX Office

3375 Camino del Rio South

Suite 275

San Diego, CA 92108-3883

To report an incident to the Title IX Office, please use the online Title IX Incident Report Form available at <https://www.sdccd.edu/students/titleix.aspx>.

Board of Trustees: Geysil Arroyo, Mary Graham, Craig Milligrm, Bernie Rhinerson, Maria Nieto Senour, Ph.D. Chancellor: Carlos O. Turner Cortez, Ph.D. Presidents: Ricky Shabazz, Ed.D., Beebe, Ed.D., San Diego City College; Pamela T. Luster, Ed.D., San Diego Mesa College; P. Wesley Lundburg, Ph.D., San Diego Miramar College; Vacant, San Diego College of Continuing Education. The San Diego Community College District includes San Diego City College, San Diego Mesa College, San Diego Miramar College, and the San Diego College of Continuing Education. The SDCCD is governed by its Board of Trustees. No oral or written agreement is binding on the San Diego Community College District without the express approval of the Board of Trustees.



## What To Do

*if you're a victim...*

If you're a victim of intimate partner violence, you are not alone. Campus officials are available to assist.

### The following are steps you can take:

- 1. IF YOU ARE UNSAFE, CHANGE LOCATIONS AND SEEK ASSISTANCE.**  
In an emergency, call 9-1-1 for an immediate police response.  
Reporting these incidents will initiate steps to help protect you & the campus community however, non-reporting is also an option.
- 2. IF YOU HAVE INJURIES FROM PHYSICAL ASSAULT OR UNWANTED SEXUAL ACTIVITY, PLEASE CONSIDER GETTING MEDICAL ATTENTION.**
- 3. CONSIDER CONTACTING FREE, CONFIDENTIAL SUPPORTIVE RESOURCES FOR SUPPORT AND GUIDANCE.**
- 4. CONSIDER REPORTING THE INCIDENT TO LAW ENFORCEMENT OR THE DISTRICT'S TITLE IX COORDINATOR, OR BOTH.**
- 5. PRESERVE EVIDENCE.**  
Evidence can be important in obtaining a protective order, or in any current or future police action.  
Do not bathe, douche, or brush your teeth. Do not wash your clothing, linens, or the area where the assault occurred.  
Preserve text messages, voicemail messages, photos and any other physical evidence.
- 6. SEEK ACCOMMODATIONS FOR WORK OR SCHOOL AS NECESSARY.**

### SAFETY PLANNING

A safety plan can help you lower your risk of being hurt by an abuser, strategize the safest way to respond to intimate partner violence, and help you safely prepare to leave a dangerous or unhealthy relationship. For help with risk assessment and safety planning, the following on-campus and off-campus resources are confidential and able to support students and employees.

**On-Campus:** Campus Victim Advocate: 619.541.5970

**Off-Campus:** The Center for Community Solutions: 888.385.4637

### PROTECTIVE ORDERS

A domestic violence restraining order is a court order that helps protect people from abuse or threats of abuse from someone with whom they have an intimate or dating close relationship with. You can ask for a domestic violence restraining order if a person has abused (or threatened to abuse) you AND you have a close relationship with that person, such as you are married or registered domestic partners, divorced or separated, dating, or used to date, living together or used to live together (more than roommates), or are parents together of a child.

Civil harassment restraining orders and workplace violence restraining orders are also available. For complete info about these protective orders and a description of each, see:

[www.courts.ca.gov/selfhelp-domesticviolence.htm](http://www.courts.ca.gov/selfhelp-domesticviolence.htm)

### LAW ENFORCEMENT

If you would like assistance reporting an incident to law enforcement, the Title IX Coordinator can assist you.

San Diego Community College District Police Department: 619-388-6405

Local Law Enforcement: 619-531-2000

## What is Intimate Partner Violence?

Generally, intimate partner violence is defined as abuse or threats of abuse when the person being abused and the abuser are or have been in an intimate relationship (married or domestic partners, are dating or used to date, live or lived together, or have a child together). Abuse may be threats to harm, sexual assault, other physical assault, or property damage. Domestic violence often is a pattern of abusive behavior intended to control someone, and may include emotional, verbal, and psychological abuse.

The following terms are defined one way by the school, and another way under the law. For definitions under the California Penal Code, please refer to the current Safe & Sound Brochure available at:

<https://www.sdccd.edu/docs/police/currentsafeandsound.pdf>

**DOMESTIC VIOLENCE:** A crime or violence committed by a current or former spouse or intimate partner of the victim, a person with whom the victim shares a child in common, a person who is cohabitating with or has cohabitated with the victim as a spouse or intimate partner, a person similarly situated to a spouse of the victim under the domestic or family violence laws of California, and/or by any other person against an adult or youth victim who is protected from that person's acts under the domestic or family violence laws of California.

**DATING VIOLENCE:** Violence against a person who is or has been in a social relationship of a romantic or intimate nature with the victim. The existence of a relationship will be determined based on a consideration of the following factors: the length of the relationship, the type of relationship, and the frequency of interaction between the persons involved in the relationship.



# speak

Safety • Prevention • Education • Advocacy • Knowledge

**SPEAK** aims to unite and inspire the San Diego Community College District in cultivating a community free of violence.

**SPEAK** provides violence prevention education and offers free and confidential services for those who have experienced sexual assault, intimate partner violence, and stalking.

If you or someone you know has experienced sexual violence or intimate partner violence, contact the Campus Victim Advocate at **619.541.5970**.

The Campus Victim Advocate can:

- Provide emotional support, reassurance, and referrals
- Present accurate information about the investigative process, legal system, Title IX, and your rights
- Educate survivors on all their options so they can make informed decisions