



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING
& BELONGING**



SUPPORTING WORKING FAMILIES

YMCA CHILDCARE RESOURCE SERVICE

In today's world, balancing child care and expenses can feel overwhelming, but it doesn't have to be. The Y is here to bring you a stress-free solution to child care, tailored to fit your family's needs.

At the Y, we're proud to be working with your employer to connect you with child care. We may be able to make child care more affordable for your family. Make sure you don't miss out on this amazing opportunity.

Let's make sure all families can provide a safe and supportive environment for their children.

HOW IT WORKS

1. Email myreferral@ymcasd.org or call 800-481-2151. We're ready to assist you in finding the right child care.
2. Check the provided table to see if you qualify for assistance based on your income and family size. Not sure if you qualify? Call us anyway – we're here to explore other care options and resources with you.

GROSS MONTHLY INCOME (AS OF JULY 2024)

\$6,128 or less	\$6,931 or less	\$8,025 or less	\$9,309 or less	\$10,593 or less	\$10,834 or less	\$11,074 or less	\$11,315 or less	\$11,556 or less
1 – 2	3	4	5	6	7	8	9	10
NUMBER OF FAMILY MEMBERS								

3. Optional: Visit www.ymcasd.org/childcarereferrals or use the QR code to search our online database of child care providers for free. Don't forget to check out our guide on how to choose child care!



HAVE QUESTIONS?

Email: myreferral@ymcasd.org or call: 800-481-2151

EMPLOYER SUPPORTED CHILD CARE FOR PARENTS

YMCA CHILDCARE RESOURCE SERVICE

ENCOURAGE YOUR EMPLOYER TO SUPPORT YOUR FAMILY'S NEEDS!

Balancing work and parenthood is no easy feat, but imagine having a workplace that truly understands and supports your family's needs. At YMCA Childcare Resource Service, we provide businesses with free, expert support to find the perfect child care solutions for their workforce. Now, you can encourage your employer to make this a reality for you and your colleagues!



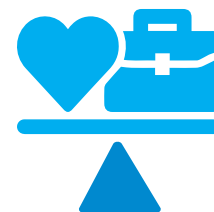
HOW OUR SERVICES HELP YOU:

- **Understanding Your Needs:** We work closely with businesses to understand the unique child care needs of each employee, ensuring that your specific situation is taken into account.
- **Finding the Best Child Care:** We help guide families in finding the best match that fit your schedule and preferences.
- **Paying for Child Care:** We help you navigate financial aid options, so child care can be more accessible and less of a financial strain on your family.

WHY THIS MATTERS FOR YOU AND YOUR COLLEAGUES:

Encouraging your employer to partner with YMCA Childcare Resource Service brings more than just peace of mind—it enhances your entire work experience:

- **Better Work-Life Balance:** Focus on your career knowing your children are well cared for.
- **Higher Job Satisfaction:** Feel valued and supported in a family-friendly work environment.
- **Increased Productivity:** Thrive in your role with the confidence that your family's needs are being met.



MAKE YOUR VOICE HEARD!

By advocating for child care support, you're helping to create a workplace that values families and fosters a supportive community. Talk to your employer about partnering with YMCA Childcare Resource Service today. Together, we can build a stronger, more resilient workforce that benefits everyone.

Reach Out to Your Employer Today and encourage them to contact us. Let's make family-friendly workplaces a standard, not a perk!



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CONTACT GARY MABALOT:

By email at gmabalot@ymcasd.org or by phone (619) 418-7737

www.ymcasd.org/childcarebenefits