



**Mesa College Title IX
Intercollegiate Sports Survey
*Fall 2013***

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Office of Institutional Research and Planning
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Background

The San Diego Community College District (SDCCD) Title IX Intercollegiate Sports Survey was conducted in accordance with the Title IX Equal Opportunity in Education Act to determine students' level of interest in intercollegiate athletics and whether the colleges are fulfilling the needs of their students. The survey was administered during the Fall 2013 semester through an online survey program to all full-time students (enrolled in a minimum of 12 units) at Mesa College.

The survey targeted full-time students who meet the athletic eligibility criteria, according to the Commission on Athletics/California Community College Athletic Association Constitution and Bylaws;

1.3 ACADEMIC ELIGIBILITY

1.3.1 In order to be eligible for non-conference, conference, and post conference competition, a student athlete must be continuously and actively enrolled and attending class in a minimum of 12 units at his/her California community college during the season of sport. Students dropping below 12 units are not eligible for competition until they are once again actively enrolled and attending class in at least 12 units.

The survey was open for two weeks, from September 6, 2013 through September 20, 2013. Of the 5,658 Mesa College full-time students invited, 656 completed the survey; a response rate of approximately 12%.

The survey instrument contained 8 questions (6 multiple choice and 2 open-end questions) and took approximately 2 to 4 minutes to complete. Students were instructed to access the survey directly from a URL link in a survey invitation. In an effort to maximize student response, two reminder emails were sent prior to the end of data collection.

Of those students that responded, 50% were female (n=328) and 50% male (n=329), which is consistent with the college-wide proportions (female 52% and male 48%). Although only full-time students were emailed invitations to participate in the survey, 2% of respondents classified themselves as part-time, which may be a result of dropping or withdrawing from classes after receiving the invitation. Students between the ages of 18 to 24 constituted the majority of respondents (77%), followed by ages 25 to 29 (12%), 30 to 34 (5%), 40 to 49 (3%), 35 to 39 (2%), and 50 years or older (2%).

Respondents were asked to indicate all of the intercollegiate sports that they currently participate in, or had previously participated, at any of the colleges in the San Diego Community College District. Male and female respondents were directed to separate lists of sports that corresponded to their gender (Table 1). The majority of Mesa College's respondents indicated that they had not participated in any of the sports listed on the survey (87% of females and 71% of males). The most common response for female Mesa College students who answered that they are currently participating or had participated previously in a sports program, was swimming/diving (3%), followed by badminton, softball, tennis, and track/field (2%, each), and basketball, soccer, volleyball, and water polo (1%, each). Soccer was the most common sport (8%) among male Mesa College students who answered that they are currently participating in a sport or had participated in an athletic program, followed by baseball (7%), football, swimming/diving, and track/field (4%, each), basketball (3%), cross country and tennis (2%, each), and volleyball and water polo (1%, each).

Table 1. Athletic Programs

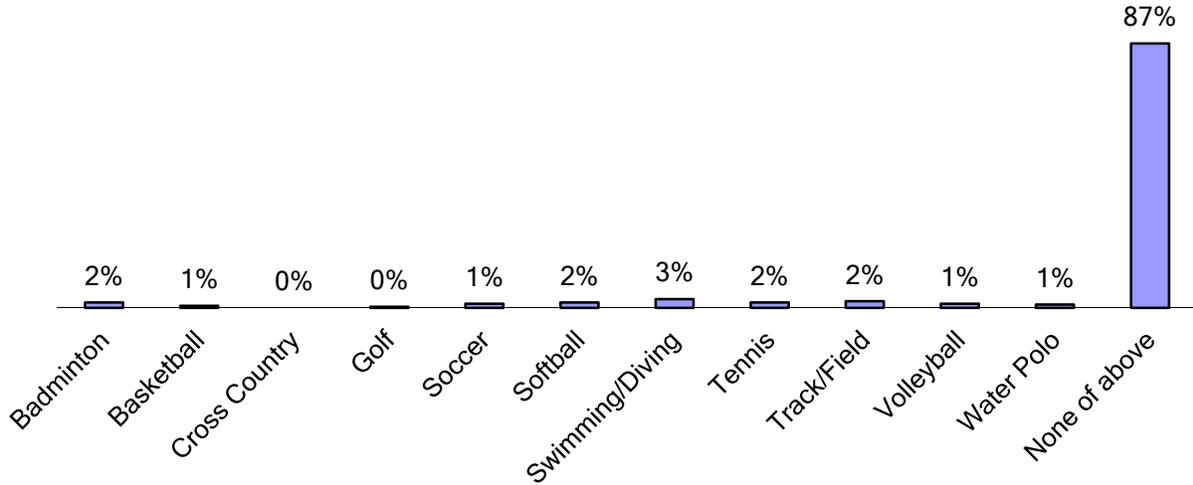
<u>Female Sports</u>		<u>Male Sports</u>	
Badminton	Swimming/Diving	Baseball	Swimming/Diving
Basketball	Tennis	Basketball	Tennis
Cross Country	Track/Field	Cross County	Track/Field
Golf	Volleyball	Football	Volleyball
Soccer	Water Polo	Golf	Water Polo
Softball		Soccer	

When asked to select an intercollegiate sport that they would like to participate in using the gender specific list provided, 49% of female and 42% of male respondents chose *None of the above*. The most common selection for female respondents who were interested in participating in sports was swimming/diving (15%), followed volleyball (14%), tennis (13%), track/field (10%), softball (9%), badminton and soccer (8%, each), basketball and golf (4%, each), and cross country and water polo (3%, each). Popular responses among male respondents included soccer (17%), football (15%), baseball (13%), swimming/diving and track/field (12%, each), tennis (9%), golf (7%), cross country (6%), basketball and volleyball (5%, each), and water polo (3%).

Students that chose not to participate in an intercollegiate sport, but were interested at some point while at one of the colleges, were asked to explain why they did not participate. The most common explanation from female and male students was a lack of time available due to school, work, and family conflicts, followed by insufficient availability of information on intercollegiate sports. Respondents indicated that they didn't know the college offered intercollegiate athletics, which sports were offered, or how to participate. While both female and male respondents indicated that inexperience, insufficient skill level, and injuries/disabilities were explanations for forgoing participation, only male respondents were interested in teams not offered at Mesa College (e.g., cycling, lacrosse, martial arts, and wrestling).

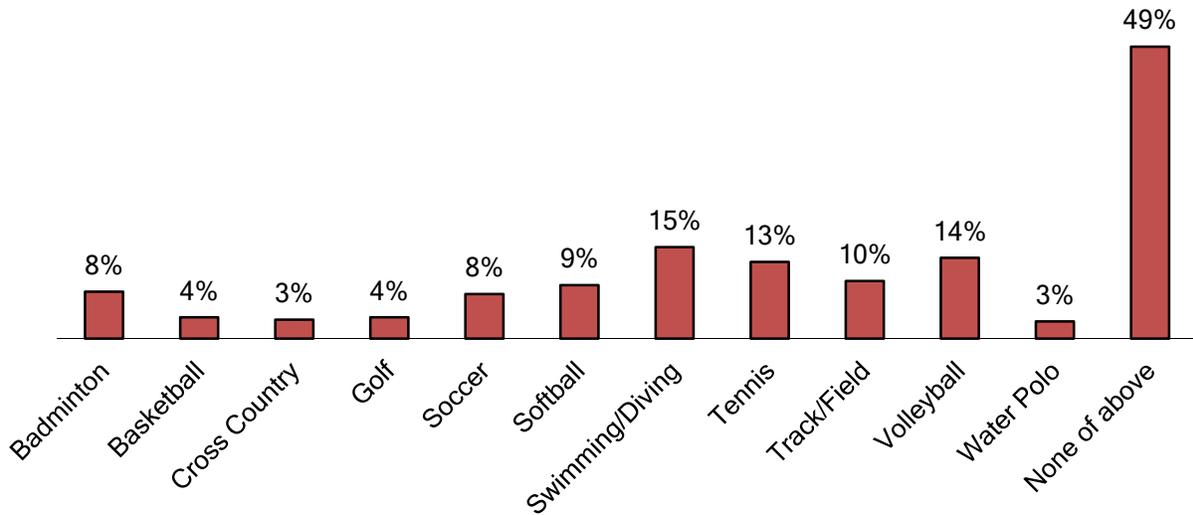
FEMALE SURVEY RESPONDENTS

Check all of the intercollegiate sports you are currently participating in or have participated in previously at one of the colleges in the San Diego Community College District.



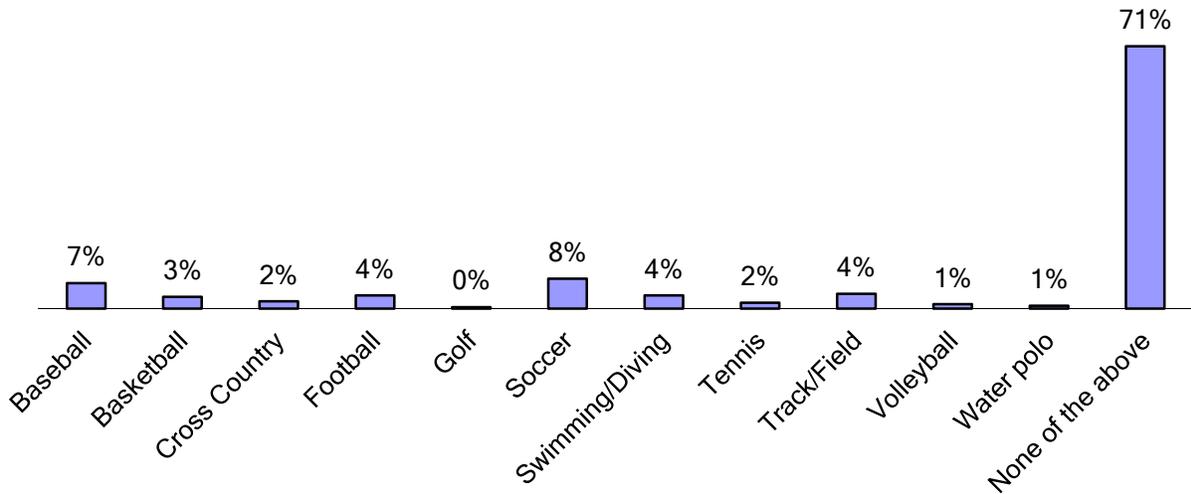
FEMALE SURVEY RESPONDENTS

Which intercollegiate sports would you like to participate in?



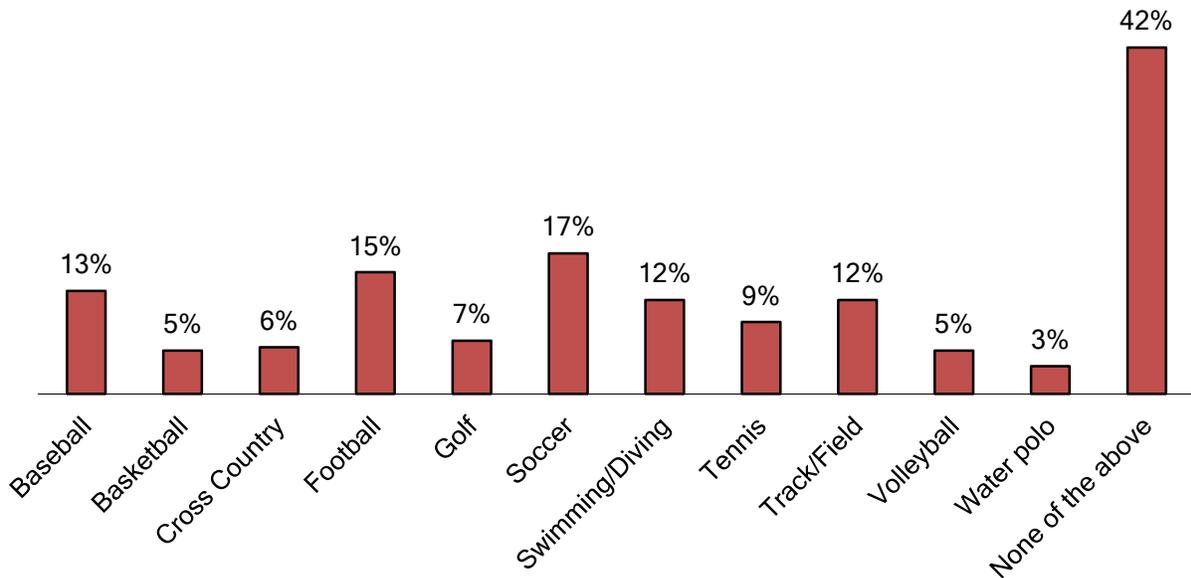
MALE SURVEY RESPONDENTS

Check all of the intercollegiate sports you are currently participating in or have participated in previously at one of the colleges in the San Diego Community College District.



MALE SURVEY RESPONDENTS

Which intercollegiate sports would you like to participate in?



Female Survey Respondents

If at any time while at the college you were interested in participating in an intercollegiate sport but did not participate, please explain why you did not participate.

- Felt like I would not be able to keep up. Also, did not think that I would be able to show up to class all the time due to my 2 jobs.
- I got hurt.
- Didn't have time , or just wasn't sure if I would like it all the way
- had no idea how to get involved back out of high school
- i have classes that are recommended for me to finish and i'm already a full-time student
- I am also working at my current job full time, that is the reason I don't join a sport.
- I wouldn't have time to do sports because I need a lot of study time for my medical classes.
- n/a
- When I was younger I did not know you could just be a "walk on" for intercollegiate sports. I thought you had to be recruited from high school, back then no one told us any different. Now it's different I see signs advertising for people to join the tennis or cross country team.
- I did not have the time to do it.
- I was on the Beach Volleyball Team at Los Angeles for two years. I am enrolled in Adapted Swimming t Mesa. I love it because I am disabled now.
- Was uninformed and unaware of how I could participate, how to enroll, how to try out and what the requirements were.
- I couldn't participate because I wanted to just focus on studies first & see if I can manage schedule/time during this year.
- Not enough time with work.
- My schedule is too busy.
- Fear that I would not be good enough
- The sports dept. does not come across as all inclusive, primarily in regards to age. The dept. also feels as though it operates as a private group within the school. The program is not inviting.
- Worried I wouldn't be good enough.
- I am no good at sports
- i wanted to track and feild, but i never participated because i have a full time job on top of school and there just wasnt enough time. i also wanted to do cheerleading but mesa does not offer it.
- I am not interested in intercollegiate team sports.
- Dancing is the sport I would participate in, if I ever found the time:(
- I have to work almost 30 hours a week and I have challenging classes that I care about doing well in. A lot of the athletes are not very motivated education wise and it is really frustrating to be on a team with students like that.
- I feel like I'm not good enough.
- Schedule
- Time scheduling for practices and no knowlegde of program
- b/c I have a job and am too busy with schoolwork and other activities to do a sport, sadly.
- Wasn't aware of the intercollegiate sports
- I was to busy with school and work.
- I did not have the time
- I work full time so participating in sports is not really an option at the moment.
- Does redshirting against your will count? because coach **** did that to me for track so I quit on her behalf.
- I did not participate because of schedule conflicts.
- Because I'm 26.
- I have to be covered and I don't know how is that going to work

- I would like to participate in competitive swimming, but I have limited time to participate in extra curriculum activities.
- No experience but interested in the sport.
- Too busy!!! T T
- Not enough info is given about it.
- It is time consuming and it will interfere with academics and other personal businesses.
- Class schedule would not allow participation.
- I don't have prior experience
- Single parent
- I have not participated in any intercollegiate sports because I haven't had the time. I work part-time and carry a heavy load of classes that require plenty of hours for studying.
- I am busy! Not enough time. I should have more time next semester though. :)
- Not enough time
- I just started.
- Sometimes being a full time student can be har to maintain because there is a lot to study for and have no time to participate in the sport
- Wanted to complete my general classes and not be distracted by sports because they require dedicated time .
- I didn't think I had the skills to Jain a team.
- I was never contacted after submitting my application for Volleyball.
- No time with full time job and school
- i wanted to get general education out of the way
- I felt that I did not enough time and energy to participate in sports, mainly because of my focus in my studies, work, and trying to balance the my energy to do those things.
- Schedule
- I just started so I wasn't sure how to really get involved...I tried taking a class and they were all booked:/
- I was interested in participating in Track and Field, but time constraints between working full-time and attending school full-time has impeded on any extra-curricular activity.
- I am out of shape.
- I never had time I work full time as long with being a full time student.
- I spoke with the cross country coach who was very encouraging, but the schedule wouldn't work for me at all. I could run for two hours, but with practice at Balboa Park ending at 5pm, I'd spend another hour in traffic just to get home. The hours just don't make sense to me. Also, I'm using the Post 911 GI Bill to pay for college, but it won't pay for PE classes since they're not required for my major.
- No time
- Not enough time.
- Too busy between work and school and family
- I have not had information about the season, and have not received a RESPONSE from my emails to coaches.
- I am really shy and I also didn't find golf in the athletics part on the website.
- Time
- I didn't play because I have a job and unfortunately don't receive FAFSA. Playing would have to be my priority and I couldn't work.
- I played soccer at Citrus College
- I dont have the time
- Times did not work with my schedule
- I have no time to do so.
- i don't have the time.
- My first year of college I would like to focus more on school. My second year is when I am planning on trying out for a sports team.

- At the moment with my full course load unfortunately I just don't have the time to commit to a team
- Not enough time to participate (work)
- No time, focusing on my majors

Male Survey Respondents

If at any time while at the college you were interested in participating in an intercollegiate sport but did not participate, please explain why you did not participate.

- Didn't receive a call back.
- I was taking my corresponding classes and I didn't have enough time, but right now I am ready to participate.
- I did not participate simply because I just moved to San Diego and I wanted to get in touch with my family here and as well as with getting comfortable in an extremely new environment.
- not interested in these. more into skateboarding, bmx.
- No time
- I am a freshmen at Mesa college and when I got there I was a little busy with classes, books, Financial Aid and trying to get settled in the college atmosphere.
- i am 5'3" and wanna play basketball i dont think thats a good idea
- I was not impressed with Coach ***** and the football staff. They had us doing full contact on the third day with no pads of any sort at practice at Mesa when I was doing spring football about a year ago. I was body slammed by a huge Samoan and permanently injured my right ribs. I could have sued the college but didn't because it's against my ethics. Now I play rugby for OMBAC and am still plagued by the injury sustained at Mesa Football. Please forward this message to the football staff to maybe prevent this again happening in the future and keep the legality of the sport intact.
- Focus on academics.
- Maybe a time conflict
- No time to participate between work and school.
- Time constrained
- Not sure how to get involved, first semester here
- n/a
- I didn't know when they started training
- I didn't feel that I was in shape enough anymore to join a competitive team, and I felt I already had to much on my plate.
- there wasnt space
- I would have to focused on my studies to transfer out as soon as possible.
- I did weight training last semester however it wasn't open to me this year because I've previously taken it. It was nice to do because it was basically my gym onsite at the school that I had to go to before each of my evening classes at Mesa. I enrolled in a tennis course once upon a time however it interfered with my schedule so I had to drop it. Having the ability to take weight training at the school will allow me to be at school in advance so all I need to do is change to get ready for my other classes instead of changing at the gym and driving to the school which wastes a lot of time.
- There is nothing I can participate in due to my disability.
- Time
- Don't know where to go, who to ask
- I don't see how I would have enough time to do anything other then study at the moment. I'm also unclear as to the level these sports are being played at, if prior experience is needed, and where to find out this information.
- You guys should really consider adding martial arts to your athletic curriculum like Judo or Bjj
- I don't know whats going on, I just arrived here and i know nothing, i've been living here for less than a month.
- I have to work to be financially stable, and sports take up time and weekends which is when I work
- Not enough time, School and work dominate my schedule.
- I was working out my schedule because it's my first semester of college, and I'm not sure how

or where I need to go to sign up for a sport.

- I was too lazy.
- Lack of time, limited number of open courses that fit schedule.
- I will wait until I transfer to join a sport.
- I did not have proper means of transportation and time to go to any practices or meetings
- Class schedule
- I couldn't fit it into my schedule.
- N/A
- I personally work full time; and attend school full time as well. Time becomes an issue to participate in sports.
- Not interested
- If you are a full time student with 12 units or more, intercollegiate sports actually take time away from studying.
- Dislike for the competitiveness of the different sports. Personally, I would only practice a sport to keep myself in shape. To each their own, I suppose.
- Scheduling with my other classes.
- Lack of time. Practices are too long.
- I'm too old to play in spots now (in my 50s now) and my body would not hold up.
- Financial Aid DQ for Fall 2013, 90+ unit attempts.
- I am too busy with work and school. I am taking Honors courses as well, so that demands the majority of my time.
- Swimming was closed by the time I could register once the semester started. I could not register before because of the cap on credits that students can enroll in before the semester starts.
- time constraints. football last 3 years
- I was interested to play football but money was hard on me to survive so I stop to get a job and really want to redeem myself and play college football and do whatever it takes to be part of the team
- Because im to busy
- I did not participate because I wanted to be only concerned with school work.
- Didnt have time
- n/a
- NO LACROSSE
- I don't have the time. Work and school is a lot to handle.
- too busy
- busy with school and work currently
- The college does not offer the sport I am interested in: road cycling
- Not enough time.
- I have work and volunteering to do. I would love to participate, but I'm just too busy outside of school.
- Time and money
- I dont have the time. I need to work.
- Not enough free time
- wrestling
- Did not have time
- to small for the football team
- Not enough time with work and school.
- I did not have the credits to enroll in a class
- Im too old
- I just feel like taking part in it
- I don't know if it fits very well with my schedule.
- I have a good arm, just never had a chance to show it.

- My skill isnt good enough so i need more time to work on my shape and practice more so i can tryout.
- I wanted to play football and baseball but baseball practices year round so I was limited to one
- Personal injury
- I don't feel like my skills are as competative at this level.
- i wrestle. like a real man. get wrestling in the school and i will join
- No good reason
- No experiance in does sports
- only half credits course can not make me to participate in sports, not wroth is. Also probably we need spend more ime on finding parking lot
- Scheduling conflicts would not work through Reg-E. The baseball Head Coach told me I would be able to be let out 20 miniutes early to attend a history class, but due to the overlap, Reg-E would not allow it
- An injury prevented me from playing
- I didn't know when was try-outs or anything like that.
- The treatment I would've received from other players
- I didn't participate because I believed I was too old to be involved in college sports
- Most likely schoolwork could be too heavy, still recovering from a surgery in August
- I wanted to participate in football but there was not enough info on how to do it .
- I am currently participating in dance
- Because I am a freshman here. So, I wanted to set up in this school this semester.